

# Immes Wed-Sat 5.30-8 pm

HELP YOURSELF TO TABLE GAMES, CONVERSATION JARS & TAROT CARDS IN BASKET BY FRONT DOOR

### NIBBLES & STARTERS

#### **GREEN OLIVES 4.50 (GF)**

#### ARTISAN BREAD BOARD 6.00

NOA's bakehouse Bloomer & Ross bakery focaccia bread served with Garlic oil & balsamic dip

#### SUMMER SALAD 8.95 (GF)

Roasted courgette & peach, Cumin roasted cauliflower, creamed cannellini, quinoa, radicchio & rocket, fresh basil, pickled rhubarb & peach vinegarette

#### **HOISIN CAULIFLOWER PANCAKES 9.50**

Roasted cauliflower marinated in soy & Chinese five spices served with (3) CHINESE pancakes, spring onions, cucumber & hoisin sauce

SAUSAGE & MASH 16.95 (GF)

Walnut & butterbean sausages with

wholegrain mustard mash, Hispi cabbage

sauerkraut, roasted carrot & broccoli,

red wine gravy

SUMMER SALAD 14.00 (GF)

Roasted courgette & peach, Cumin roasted

cauliflower, creamed cannellini, quinoa, radicchio & rocket, fresh basil, pickled

rhubarb & peach vinegarette
ADD A SIDE OF POTATO WEDGES 4.50

#### HOMEMADE PARSNIP CRISPS 3.50 (GF)

Seasoned with maple, garlic & onion

#### **PLANTAIN CRISPS 4.00 (GF)**

wild garlic or nice & spicy

#### **BAKED CAMEMBERT** (FOR 1 OR TO SHARE) (GF\*)14.00

baked in the oven with garlic oil served with red onion chutney, fresh herbs & toasted Focaccia (10 minutes to bake) \*gluten free swap

#### **ROASTED SWEET POTATO HUMMUS (GF) 7.50**

Topped with roasted beetroot, sesame, dill, garlic oil & served with vegetable crackers

#### **ROASTED MIXED NUTS 4.00 (GF)**

Peanuts, monkey & pistachio

#### MAPLE & PUMPKIN SPICED POPCORN 4.50 (GF)

Popcorn drizzled in maple syrup & sprinkled with pumpkin spices

#### SOUP OF THE DAY (GF\*) 7.00

Served with Noa's bread& garlic oil \*gluten free swap 1.00

#### SHARING BOARD (GF\*) 18.50

Sweet potato hummus, Creamed cannellini, Tomato & balsamic chutney, Dehydrated spiced beetroot & tomato crisps, Vegetable crackers, Noa Bakehouse focaccia, Nocellara green olives, Maple & pumpkin spiced popcorn, house kimchi & pickle selection

#### MAINS

#### PASTA SPECIAL 14.00

Mushroom ragu lasagna, tomato, chilli, basil, bechamel sauce, layers of pasta & cashew nut parmesan. Add a side: sweet potato wedges / side salad / roasted herb wedges £4

#### SWEET POTATO & BLACKBEAN BURGER 16.95 [GF\*]

with tomato & balsamic chutney, house pickled beetroot, butterbean mayo & rocket leaves, Noa Bakehouse bun served with herb wedges and rhubarb & beetroot ketchup. \*Gf bread swap £1

#### THAI GREEN NOODLE BOWL 16.95

Spicy Thai green broth, Udon noodles, pan fried soy oyster mushrooms, broccoli, bean sprouts, sesame braised carrot, edamame, spring onion, chilli & coriander

#### SHAWARMA MUSHROOM SKEWER (GF\*)16.95

Topped with peach dressing & walnut Dukkah served with Kisir bulgar wheat & tomato salad, sumac red onion, sweet potato hummus, cucumber tzatziki & spinach

**SEE SPECIALS BOARD** FOR PASTA DISH

SIDES: DIRTY SWEET POTATO WEDGES TOPPED WITH YUZU, SOY & SESAME DRESSING, CHILLI, SPRING ONIONS & CORIANDER (GF)6.00 MIXED SALAD 4.50 / PLAIN SWEET POTATO WEDGES 4.50 / HERB POTATO WEDGES / BREAD WITH GARLIC OIL 1.50

#### PUDDINGS

#### PEACH & 'RICOTTA' SUMMER TART 8.25 (GF)

Roasted peaches on a cashew nut ricotta, date & walnut crusted tart, citrus polenta soil, vanilla icecream, pomegranate reduction

#### STICKY TOFFEE PUDDING 8.50

Served warm with toffee sauce, vanilla ice cream, caramelised walnuts, cinnamon & apple crisps

#### DARK CHOCOLATE MOIST CAKE 8.25 (GF)

Fresh raspberry, cream, white chocolate sauce, chocolate tossed popcorn, beetroot powder

#### AFFOGATO (GF) 6.95

2 scoops of vanilla ice cream & a double shot of Noa's Bakehouse coffee \*add a shot of tia maria / brandy extra 3.00

#### CINNAMON APPLE & PB 5.00 (GF)

Fresh wedges of apple, sprinkled with Cinnamon, drizzled with date syrup served with peanut butter for dipping

#### SMOOZE FRUIT ICE LOLLY 3.00 (GF)

Coconut & Pink guava

CHOCOLATES /COOKIES/MINTS FOR SALE ON FRONT COUNTER

#### **HOT DRINKS**

REVITALISE HOT CHOCOLATE

Cacao powder, maca & coconut sugar **BLENDSMITHS WHITE CHOCOLATE** 5.50

4.25

1.50

Madagascan vanilla & Peruvian cocoa butter BLENDSMITHS CHILLI CHOCOLATE 5.50 5.50 Cocoa, Ceylon cinnamon & Indian chilli HAPPY HOT CHOCOLATE 6.00

Cacao, Peppermint, Matcha & CBD 2.95 AMERIĆANO DOUBLE ESPRESSO 2.50 LATTE / CAPPUCCINO / FLAT WHITE 3.80 5.25 MOCHA

VIETNAMESE ICED COFFEE 4.50 Espresso, almond mylk, cardamon & dates .50 **SYRUP:** Vanilla / caramel

ADD A CBD SHOT- HEMP EXTRACT 2MG

#### MUSHROOM COFFEE

#### **FOUR SIGMATIC**

ORGANIC COFFEE WITH MUSHROOMS FOR FUNCTIONAL HEALTH SUPPORT SMALL OR LARGE CAFETIERE 4.50/7.50-

#### **THINK**

ORGANIC COFFEE, CHAGA & LIONS MAIN

ORGANIC COFFEE WITH PROBIOTICS, PREBIOTICS, CHAGA & TURKEY TAIL MUSHROOMS.

#### **IMMUNE SUPPORT**

ORGANIC COFFEE, VITAMIN D & ZINC, CHAGA & TURKEY TAIL MUSHROOMS,

MYLK CHOICE: Oat / Almond / Coconut / Soya

## SUPERFOOD LATTES



SERVED HOT OR ICED 4.25 **PUMPKIN SPICE** MUMBAI CHAI **BEETROOT & CACAO** TURMERIC & WARMING SPICES **GUARANA & CACAO BLUE BUTTERFLY PEA** AFRICAN ROOIBOS ACTIVATED CHARCOAL **LIQUORICE GREEN MATCHA** 

**HERBAL TEAS** 

SEE SEPARATE TEA MENU