

# Hot Drinks



**M'LK CHOICE:** Oat / Almond / Coconut / Soya  
**ADD A CBD SHOT- HEMP EXTRACT 2MG**

DOUBLE ESPRESSO	1.50
AMERICANO / ICED AMERICANO	2.50
LATTE / CAPPUCINO / FLAT WHITE	3.00
MOCHA (revitalised hot chocolate & espresso)	4.00
PUMPKIN SPICE LATTE (no coffee)	5.25
VIETNAMESE ICED COFFEE	4.35
Double espresso, almond m'lk, cardamon & dates	4.95
<b>HOT MULLED RED WINE (alcoholic)</b>	<b>6.95</b>

## Superfood Lattes

**MADE WITH HOT OAT MYLK / OR ICED 4.35**

### GUARANA & CACAO

Feel revitalised, guarana is known for its energising properties, can reduce fatigue & improve focus. Cacao has high levels of Manganese, zinc & copper supporting your blood, brain & nerves.

### AFRICAN ROOIBOS

Soothing & stress relieving, detoxifying & very rich in antioxidants, offers a variety of health benefits.

### BLUE BUTTERFLY PEA

Rich in antioxidants, relieves stress & stimulates the brain. The perfect companion for a busy day

### BEETROOT & CACAO

Full of vitamins & minerals with many health benefits especially for the heart. Cacao helps boost your mood, balance hormones & boost production of good cholesterol.

### TURMERIC & WARMING SPICES

Rich in antioxidants that help counteract the damaging effects of free radicals on cells and tissues in your body, anti-inflammatory and improves fat burning and digestion.

### GREEN MATCHA

Rich in antioxidants & vitamins. Strengthens your immune system. Good for metabolism, brain power and reducing the risk of developing cancer.

### LIQUORICE

Many health benefits, great for respiratory issues, relieving sore throats & cold symptoms due to its antibacterial properties. Warming—hug in a mug

### ACTIVATED CHARCOAL

Charcoal effectively liberates the body of toxins and absorbs unwanted chemicals, which reduces allergies and diseases. Great anti ageing effect on the body.

## Indian Masala Chai

**MUMBAI RAILWAY LATTE 4.35**

Blend of black tea, cardamom, ginger, clove, star anise, cinnamon & raw cane sugar  
**DIRTY CHAI - ADD A DOUBLE ESPRESSO!**

## Superfood Mushroom Coffee

### LONDON NOOTROPICS

CAPPUCINO / LATTE / FLAT WHITE / AMERICANO 4.50

**FLOW** - Mental clarity, concentration & brain fog

**ZEN** - Feel alert, calm, balanced & release tension

**MOJO** - Endurance, stamina, vitality & immune boost

### FOUR SIGMATIC

SERVED IN A CAFETIERE SMALL / LARGE :- 4.50/7.50

#### THINK (DARK ROAST)

ORGANIC COFFEE, CHAGA & LIONS MAIN MUSHROOMS

Improve cognitive function, brain health & memory

#### GUT HEALTH (MEDIUM ROAST)

ORGANIC COFFEE, CHAGA, TURKEY TAIL, PRO + PREBIOTICS

Your daily body guard to support overall wellbeing

#### BALANCE (1/2 CAFFEINE)

COFFEE, CHAGA, ASHWAGANDHA, TULSI & ELEUTHERO

Reduce stress, boost positive mood & energy

## Hot Chocolate

**REVITALISE - HOUSE BLEND 4.50**

Organic Cacao, maca & coconut blossom sugar

**BLENDSMITHS WHITE CHOCOLATE 5.50**

Luxurious white chocolate drink with Madagascan vanilla, peruvian cocoa butter & Himalayan salt

**BLENDSMITHS CHILLI CHOCOLATE 5.50**

Delicious hot Chocolate with a little kick made with Cocoa, Ceylon cinnamon & Indian chilli

**HAPPY HOT CHOCOLATE 6.00**

Organic Cacao, maca, peppermint, matcha & CBD